

**Visions United Spirit Gathering**  
**March 29<sup>th</sup>, 2020 - Lent 5**  
*Lenten Conversations*  
 Conversations the Unbind Us

## Our Community Gathers

**Prelude**      You Raise Me Up      - *Daphna Pearson*  
Credits: Songwriters: Brendan Graham / Rolf Lovland;

**Welcome** *God's Doors Are Open to All!*  
*Open Doors · Open Minds · Open Hands · Open Hearts*

Visions United seeks to be a safe place for people of all  
races, creeds, ages, cultural backgrounds,  
sexual orientations and gender identities to worship.

## Acknowledgement of Place

We remember with gratitude that we live and worship on lands that are, by law, the unceded territories of the Mi'kmaq.  
May we live with respect on this land,  
and in peace and friendship with its peoples.

# Peace

One: Peace be with you.  
**All: And also with you.**

## Invitation to Gather & Lighting of your Christ Candle

*Light your candle, and join in these words:*

Inviting spirit into Spirit  
Gathering light into Light  
Calling love into Love  
Here I am - here we are -  
in the presence of the One who said,  
*"I am the Light"*.

**Song** VU#703 In the Bulb There Is a Flower Words/Music: Natalie Sleeth ©1986.  
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## Sharing our WOW Moments

**Sung Centering Prayer** VU#411 O God We Call (*repeat 2x*) Words/Music: Linnea Good ©1994, Borealis Music. All Rights Reserved. Reprinted with permission ONE LICENSE A - 720804

O God we call  
O God we call  
from deep inside we yearn,  
from deep inside we yearn,  
from deep inside we yearn for you.

## We Listen for Wisdom

**Wisdom Reading**                      John 11: 1-45                      *(Readers: Anna & Bill Peters)*

## Reflection

## Lenten Invitation to Conversation - Week 5

*Each week at Visions we are offered an invitation to conversation as a spiritual practice.*

### John 11:1-47

*Jesus weeps with Martha & Mary and 'Unbinds' Lazarus*

Send a handwritten note or call a friend or acquaintance  
who is dealing with the despair and sadness of a personal loss.

### We Respond with Gratitude and Prayer

**Special Music**      What I Need *by Collin Raye*      (Soloist: Melissa Affleck)

### **The Community at Prayer & Lord's Prayer**

*With Jesus, we pray together, in whatever words most familiar to us:*

Our Father in heaven,  
hallowed be your name.  
Your kingdom come,  
your will be done  
    on earth as it is in heaven.  
Give us today our daily bread  
Forgive us our sins, as we forgive  
    those who sin against us.  
Save us from a time of trial,  
    and deliver us from evil.  
For the kingdom, the power,  
    and the glory are yours,  
now and forever. Amen.

### We Go Forth to Be a Blessing

**Changing of the Light and Blessing**      *Adapted from a blessing by Rev. Jane Aikman, March 8, 2020*

One: The light changes.  
It leaves this candle and spreads out to each of us, and so . . .

**All: we go bravely back from this time of prayer  
to our lives and the concerns of the world  
knowing that we are empowered by the Spirit  
to say "Yes!" to Life, to live Love,  
and to deepen our conversations with God  
and with one another.**

**Song**      Joy Be In Thy Heart (2x)

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Joy be in thy heart  
Peace be in thy spirit  
Compassion be thy journey  
Love be in thee

Joy be in my heart  
Peace be in my spirit  
Compassion be my journey  
Love be in me

***Thank You for Joining Us!  
May Each of Us Carry the Spirit into the world with us.***