# Visions United Spirit Gathering May 24<sup>th</sup>, 2020

### The Practice of "Paying Attention": Reverence

Inspired by "An Altar in the World": A Geography of Faith by Barbara Brown Taylor

## **Our Community Gathers**

**Prelude** In His Time Daphna Pearson, Piano; Charlie Munroe, Trumpet, from Mount Royal

Words/Music: Dianne Ball © 1978. Arranged: Van Gilder ©1992.

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**Welcome** God's Doors Are Open to All!

Open Doors · Open Minds · Open Hands · Open Hearts
Visions United seeks to be a safe place for people of all
races, creeds, ages, cultural backgrounds,
sexual orientations and gender identities to worship.

Peace

One: May the Peace Christ be with you

All: And also with you.

### **Lighting of the Christ Candle**

Each week we light a candle. It's a moment of pause as we create sacred space. We invite you to light one, too.

> Heralding the rising of the sun, Honouring the spark of the Divine within, Celebrating the Light of Christ among us, We place this candle to welcome the gift of this day.

#### **Poem Prayer**

©Keri Wehlander, Joy is Our Banquet, p.107, with adaptations by Shawn Redden

Spirit of Life: In this time and place May we take time to Breathe And Simply Be...

May we yield to your love Resting in your spaciousness Mending from our frenzy Turning to still waters.

May we trust your quiet rhythm
To calm us back to centre
To soften brittle places
To bring new joy in living.

May we receive this Sabbath gifting
May we honour time as friend
May we listen for your heartbeat
And bring peace into our own.

Song VU#291 All Things Bright and Beautiful (refrain, v1, refrain, v2, refrain, v5 as ending)

Song leaders: Joan Hawkes, Helen Halfpenny, Bill Peters, Anna Peters, Kim Affleck, Brian Affleck. Guitar: Brian Affleck; Piano: Daphna, Pearson Words: Cecil F. Alexander, 1848,alt. Public Domain. Music arrangement: Martin Shaw © 1921, J. Carwen & Sons Ltd. All rights reserved. Reprinted under ONE LICENSE A - 720804

We Listen for Wisdom

**Theme Introduction** An Altar in the World

Wisdom Reading i thank You God for most this amazing

Poem by e.e. cummings

Reader: Ainsley MacTavish-Hawkes

**WOW Moments** 

Wisdom Reading Exodus 3:1-6 "Moses, you are standing on Holy ground"

**Song** Holy, Holy, Holy & Holy Ground Song leaders: Daphna & John Pearson

Holy, Holy, Holy Words: Reginal Heber ca. 1820 alt. Music: John B. Dykes 1861. Public Domain. All rights reserved. Reprinted under ONE LICENSE A.720804

Holy, Holy, Holy

Holy, Holy, Holy! Lord God almighty!

Early in the morning our song shall rise to thee.

Holy Ground Text/Music: Christopher Beatty © 1982. Birdwing Music/ BMG Songs. Inc. All rights reserved.

Holy, Holy Holy. Holy. Holy, Holy Holy. Holy

Holy ground. We're standing on holy ground.

For the Lord is present and where God is is holy.

This is holy ground. We're standing on holy ground.

For the Lord is present and where God is is holy.

**Reflection** The Practice of Paying Attention: *Reverence* 

### We Respond with Gratitude and Prayer

The Community at Prayer (Visual Prayer)

Created by Rev. Miriam Bowlby, Cochrane Street United, St. John's

Pianist: Evan Smith

**Song** VU#187 The Spring Has Come Song leaders: Daphna & John Pearson

Words: Shirley E. Murray © 1992.

Music: Colin Gibson © 1993. Hope Publishing Company.

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#### We Go Forth to Be a Blessing

Changing of the Light and Blessing

**Sung Blessing** MV#92 Like a Rock Song leader: Ainsley MacTavish-Hawkes

Words: Keri K. Wehandler, 1998. Adapted to music: Linnea Good ©1999. Borealis Music.
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Thank You for Joining Us!

May Each of Us Carry the Spirit into the world with us.