

Visions United Spirit Gathering
Season of Epiphany
Spiritual Affectiveness Disorder
Shine a Light on the 'Blahs"
February 12, 2023
 Soothe the Soul
Sing. Walk. Move.

* *Stand as able*

Our Community Gathers

Gathering Music/Prelude

Welcome

Acknowledgement of Land

God's Doors Are Open to All!
Open Doors · Open Minds · Open Hands · Open Hearts
 Visions United seeks to be a safe place for people of all
 races, creeds, ages, cultural backgrounds,
 sexual orientations and gender identities to worship.

Sharing of WOW Moments

Invitation to Gather in the Light and Prayer

adapted by Shawn Redden

Sources: prayer ©Marcia McFee, Worship Design Studio

(Music underscores narration)

Song *(seated)*

Thy Word is a Lamp

Words: Amy Grant, Michael W. Smith. Chuck Bell
 ©1984 Meadowgreen Music Company and Curb Word Music
 CCLI 11077526, CSPL0447859 CCLI Song#14301

Thy word is a lamp unto my feet
 and a light unto my path.
 Thy word is a lamp unto my feet
 and a light unto my path.
 When I feel afraid,
 think I've lost my way,
 still you're there right beside me.
 And nothing will I fear
 as long as you are near.
 Please be near me to the end.
 Thy word is a lamp unto my feet
 and a light unto my path.

[music continues to underscore the prayer]

Lighting the Christ Candle

Prayer (unison)

Holy One, who sang all creation into being,
 we give thanks for the sweet harmonies and soul-stirring rhythms
 that lift up our spirits in the dance of life.
 We give thanks for the gift of movement and our physical bodies
 that remind us of your Spirit alive in us and in the world.
 Open us to the light of possibilities,
 even when the day ahead holds difficulties.
 Be with us, near us, beside us.
 Shine among us. Amen.

Sung Response

Thy word is a lamp unto my feet
 and a light unto my path.

Promise of Presence & Peace

May the peace of Christ be with you.
And also with you.

We Listen for Wisdom

***Song (stand)** MV#88 Over My Head I Hear Music in the Air

Words/Music: African American Spiritual
 Arrangement: Stephen Lee ©2006 Professional Music Services
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Refrain: Over my head, I hear music in the air.
 Over my head, I hear music in the air.
 Over my head, I hear music in the air.
 There must be a God some-where.

Oh, when the world is silent
 (I hear music in the air).
 Oh, when the world is silent.
 (I hear music in the air.)
 Oh, when the world is silent.
 (I hear music in the air.)
 There must be a God some-where.

Refrain

And when I'm feeling lonely.
 (I hear music in the air).
 And when I'm feeling lonely.
 (I hear music in the air.)
 And when I'm feeling lonely.
 (I hear music in the air.)
 There must be a God some-where.

Refrain

Now when I think on Jesus
 (I hear music in the air.)
 Now when I think on Jesus
 (I hear music in the air.)
 Now when I think on Jesus
 (I hear music in the air.)
 There must be a God some-where.

Theme Conversation for All Ages

(Children's program begins)

Song *(seated)* More Light *(repeat 2x plus tag)*

Words/Music: Christopher Grundy

Recording: from Christopher Grundy's CD

"Stepping In," available at www.christophergrundy.com

© 2004 Hand and Soil Music CCLI 11077526, CSPL0447859 CCLI Song # 5845190

More light, more truth
 is breaking from Your Word.
 More light, more truth,
 Holy Spirit, help us hear what needs to be heard.
Tag: Help us hear what needs to be heard
Help us hear what needs to be heard.

Wisdom Reading Psalm 40:1-11

Reflection Soothe the Soul – Sing!

What's Our Playlist?

Reflection Move. Stretch. Walk. Dance.

Wisdom Reading

Reflection Move. Stretch. Walk. Dance.

We Respond with Prayer and Gratitude

Our Community at Prayer

Sung Response MV#82 Bathe Me in Your Light (v.1)

Words: John Oldham ©2002. Music: Ron Klusmeier ©2002.

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Spoken Prayer

Sung Response MV#82 Bathe Me in Your Light (v.2)

Spoken Prayer

Sung Response MV#82 Bathe Me in Your Light (v.3)

Minute for Mission

Jane Aikman

Invitation to Generosity & Blessing of Our Gifts

Sung Blessing Christ Be Our Light (v5, *refrain*) Words/Music: Bernadette Farrell ©1993.
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Many the gifts, many the people
Many the hearts that yearn to belong
Let us be servants to one another
making your kingdom come

(*refrain*) Christ be our light
Shine in our hearts
shine through the darkness
Christ be our light
shine in your church gathered today

The Work of the Congregation - Announcements

Spiritual Practice for the Week

We Go Forth to Be a Blessing

***Song** (*stand*) VU#646 We Are Marching in the Light of God (v. 1, 2, 1) South African Trad. song
Trans. and Arranged Anders Nyberg ©1984 Walton Music.
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Changing of the Light & Blessing

Postlude Music for the Journey

Thank You for Joining Us!
May Each of Us Carry the Spirit into the world with us.